The annual employee review is intended to provide the opportunity for an open and trusting exchange between management and employees, during which they can have a structured talk about working situations, job satisfaction/motivation, tasks, achievements and developments. Effective, responsive communication is the starting point and basis for a purposeful and successful conversation.

## COMMUNICATION IN THE ANNUAL EMPLOYEE REVIEW

- Active, targeted communication: Gather information and ask questions; do not passively wait for information!
- **Express "ME messages":** Share feelings openly and in a straightforward manner without being hurtful. Do not avoid difficult topics!
- **Communicate interactively:** Both parties should have equal shares in the conversation; give your conversation partner the opportunity to reflect on what has been said and respond to it
- Avoid monologues and unilateral demands

## LANGUAGES AS A COMMUNICATION TOOL

- Adapt your sentence structure and choice of words to those of your interlocutor: This demonstrates that both parties are on equal ground and builds confidence
- Use short and concise phrases, focus on stressing the most important aspects. Avoid rambling on!
- Inflection: Objective, quiet, polite; enunciation, average rate of speech
- Argue objectively, provide well-justified arguments
- **Take breaks from speaking after questions and statements**: Give your interlocutor the opportunity to reflect and respond

## **ACTIVELY LISTENING, SHOWING INTEREST AND APPRECIATION**

- Ask further questions, ask for clarification if something is unclear: "You say that...? Did I understand you correctly?"
- Summarise the core statement of what you heard in your own words, avoid misunderstandings: "If I've understood you correctly, you say that ..."
- Signal that you've understood; allow your interlocutor to finish speaking
- Address what your interlocutor has to say, but refrain from stating your own opinion; listen to everything he or she has to say
- Adressing by name: Creating a personal conversation atmosphere
- Bear with the breaks; be patient



